The study of social problems for working girls that is the delayed age of marriage and the proposal role from the perspective of cognitive behavioral therapy in the service of the individual to alleviate the problem severity.

First, the problem of the study

Abd El-Nasser Awad’s studies 2001 have suggested (that the most important social problems arising from spinsterhood are the weakness of feeling spinster with the social security and the inability to fill the leisure time, and also the study of Azhar Mohamed Issawy 2004 confirmed that the most important social problems arising from spinsterhood is a problem of disorder social relations as well as the problem of social isolation, and also "Amani Al-Badri" referred to the general conclusions of the study:

-There is a relationship between the delay in marriage age and qualification whereas the results of studies indicated to increase the number of working girls who are delayed age of marriage and holding a high qualification while the percentage declines whenever qualification is less than average.

(The study attempts to detect the social and psychological problems of the working girls that are delayed age of marriage with the presentation of a proposal role from the perspective of cognitive behavioral therapy in the service of the individual to confront them)

Second, the study objectives:

1- Determine the factors leading to the delayed age of marriage among working girls.

2- Identify the social problems arising from the delayed age of marriage among working girls.
3- Set a suggested proposal for the role of the individual service from the perspective of the cognitive behavioral therapy to alleviate the severity of social problems arising from the delayed age of marriage among working girls.

**Third: Study questions:**

1- What are the factors leading to the delayed age of marriage among working girls?

2- What are the social problems arising from the delayed age of marriage among working girls?

3- Can you reach a suggested proposal to the role of the individual service from the perspective of cognitive-behavioral therapy to alleviate the severity of social problems arising from the delayed age of marriage among working girls?

**Fourth: Study concepts:**

The study concepts identified in:

1- The concept of the social problem: defined in the framework of this study as a case of disturbance of social relations for the girl that is the delayed age of marriage.

2- The concept of psychological problem: defined in the framework of this study, as the rule of the feelings of frustration, lack and sensitivity and those feelings affect on the emotional stability for the girl that is the delayed age of marriage.

3- The concept of the girl that is the delayed age of marriage. In the framework of this study: as the girl who exceed the age of marriage without marriage and among the ages of (30-45) years
4- The concept of proposed role: defined as a set of roles and responsibilities exercised by the social worker and when dealing with the girl that is the delayed age of marriage.

**Fifth: methodological procedures:**

1- Type of study: descriptive.

2- Type of used approach: the social survey with both of the overall and sample types.

3- Tools of the study: the scale and applied to the working girls of the delayed age of marriage.

**Sixth: Study fieldes:**

1- Spatial domain: Fayoum University whereas its faculties and the building of student services and Youth and Sport Directorates and Social Solidarity, education and health.

2- Human sphere: 98 girls of female employees of the delayed age of marriage faculties of Fayoum University and Directorates of the sectors of youth, sports and social solidarity, education and health.

**Seventh: Study resultes:**

The study reached the following findings:

1- Study findings reached the presence of a range of reasons related to the delayed age of marriage.

A. reasons are due to the boy and the girl of which are the most important reasons which are due to the boy, which the study reached the high cost of marriage and lower monthly income of the boy.

- The most important reasons which are due to the boy girl which the study reached not welcome to got married previously and the difficulty of marriage as a result of bad experiences.
B- Reasons are due to family which is linked to the delayed age of marriage of the most important: family refused to be her daughter’s second wife and the family rejected the marriage of her daughter to those who are less at the social level.

2 problems facing the girl that is the delayed age of marriage:

A- Physical problems of the girl that is the delayed age of marriage of which is the most important problem as a study demonstrated the desire to acquire gold and interest in fashion.

B- Mental problems for the girl that is the delayed age of marriage of which is the most important problem as a study demonstrated skepticism in speaking others and frequent displacement of mind during their interaction with others.

C- Social problems of the girl that is the delayed age of marriage of as a study demonstrated, the weakness of the girl’s sense that is the delayed age of marriage with social security, the suffering of opinions of others at social rejection to her.

D- Psychological problems facing the girl that is the delayed age of marriage of which is the most important problem as a study demonstrated that they are controlled by feelings of sensitivity when dealings with others, tension and emotion for trivial reasons.

3- Study suggests a specific role from the perspective of cognitive behavioral therapy in the service of the individual to alleviate the severity of social problems arising from the delayed age of marriage among working girls depends on the professional practice of social workers in the faculties of Fayoum University, through the analysis of the theoretical framework of the study.