Summary

Study Problem:

Women is to be considered half of the resource of any given society, and without forcing her role on the ground, development could never be made. Therefore, women is supposed to be well educated as well as well integrated in the realm of social and economic life. Due to such a perspective only, woman could play a vital role in any given process of development.

In the realm of social work, we used to hear a term, which is household woman. Such a term refers to many types of social status such as widows, divorced one, wife of a physically handicapped one or wife of a prisoner. Such a woman is defined as the one who lost her only source of support in one way or another of all these mentioned above.

Therefore, such a woman has become the actual house holder whose essential task is to manage in different ways its various needs inside and outside home. Her role also demands that she must provide all kinds of care, aid and concern like food, domicile, clothing …etc.

Household woman residing in squatter settlements is deemed to be one of the categories the most marginalized in our under _ development society. We can classify her case as an example indicating to what extent woman is so deprived from her
basic and fundamental needs such as sufficient quantities of food, proper domicile, potable water and means of transport matching with human nature. Speaking of health services provided to her, they're so law _ standard – and to the chagrins of her existence. we could add the law _ standard level of education provided , or may be the lack of such education such a matter is supposed to hinder any efforts or trials to look for a job , which all are deemed to be failed .

Women classified a house holder one needs in an urgent way to be helped and provided with various aspect of projects and programs which are designed specifically to work on her needs and try hard to get all these needs met ( on the economic , educational , health , social levels ) . As a matter of facts, social support is intended to specify the needs the one might be in bad need of them in case of coercive circumstances, as well as to prepare a semi – total vision about the possibility of getting such as aid from the other in order to meet such basic needs.

Sources of social support are well represented in relatives, friendships, neighbors, and co-worker. Such sources are supposed to alleviate pains and crisis resulting from stresses and strains laid in one way or another on the individual, in general, and the house hold wife, in particular.
Also we can refer here to other entities, that lay stress on meeting the needs of the house hold wife, as eventual sources of social support. These entities

Are providing social support in various forms such as:

- **In instrumental support:** it's defined as such support whose aim is to provide the house hold wife with economic, educational, health and social services.

- **Informational support:** it's defined as such kind of support provided woman with all information and data necessary to get all services available around her.

- **Appraisal support:** it's defined as such type of support whose aim is to make woman in any given stressful situation feel that all their efforts are valuably appreciated by others, as well as deeping their feeling of how respectable and beloved they are.

- **Emotional support:** it's defined as such form of support aiming at demonstrating caring and feelings of intimacy vis-à-vis the house hold wife. Such support is intended to alleviate such a sense of self – in competency that she might feel so heavily that she would be in bad need of feeling valued and respected. In a word, woman in such a stressful situation would need badly to feel that there's somebody always caring for her.

- We can also say that the network of social ties contributes effectively to increasing the resources and strong points that
might happen to be available. In a word, we're referring here to the fact that in case of getting social support provided to household women, such a thing could contrive in one way or another to make her a very effective element in society, and such a goal

- could be obtained only by enabling her to get all types of social support in order to undergo effectively all problems and circumstances coming from the given stressor and then getting all her needs met. Only through such a perspective in treating with stressful situation and dilemmas, household wife could play effectively roles she is supposed to play, and this is not from one side only, but from all sides.

**Second: the importance of study**

1. Woman is considered to be half of the power of any given society; so: we ought to given her much more caring and concern. Such a thing could be only done through studying her problems, in general, and with more stress laid on household woman issues, in particular.

2. Plenty of problems and crisis that house hold woman undergo contribute to plenty of side effects resulting in the deterioration of her daily life from all sides. In this study dimension is so dangerous that we could say that the effects on the long run would be catastrophic in the whole society.

3. Interesting more positively in household woman and seeing her as a core component from the human components of
development and trying hard to exploit her energy through her participation in development projects and programs. Only through this way, we could get advantage from her experiences and thinking powers as well.

4. giving such a social support mechanism a trial run in order to know whether it enables house hold woman from perceiving all services provided attained or not , as well as services for which she really lacks .

The objectives of the study

This study aims to achieve the main objective of : " determine the effectiveness of social support mechanism which contribute in empowerment female headed household from the services which get on it from resala ".

Emanating from this target group of sub – goals , namely :

1. " determine the effectiveness of social support mechanism which contribute in empowerment female headed household from the health services which get on it from resala
2. " determine the effectiveness of social support mechanism which contribute in empowerment female headed household from the educational services which get on it from resala
3. " determine the effectiveness of social support mechanism which contribute in empowerment female headed household from the economic services which get on it from resala
4. "determine the effectiveness of social support mechanism which contribute in empowerment female headed household from the social services which get on it from resala

Fourth: the question of study
1. What is the social support mechanism which contribute in empowerment female headed household from health services which get on it from resala?
2. What is the social support mechanism which contribute in empowerment female headed household from educational services which get on it from resala?
3. What is the social support mechanism which contribute in empowerment female headed household from economic services which get on it from resala?
4. What is the social support mechanism which contribute in empowerment female headed household from social services which get on it from resala?

Fifth: study concepts
1. mechanism concept
2. social support
3. empowerment
4. female headed household
Summary in English

5. squatter settlements

sixth: theoretical perspectives:

Ecological system theory.

Methodological procedures for study:

- **Study type:** this study belong to descriptive analytical studies where it is most appropriate studies appropriate to the subject of study.
- **the method used:** social survey

studyfield:

1. place field: resala
2. humanfield: female headed household and experts.
3. Time field: it is a period of data collection from 1-3-2017 to 5-4-2017.

Study tools:

1. interview guide for experts
2. measure with female headed household

Result of study:

1. Result related to that social support in health services is low according to the RSI (52.1).
2. Result related to that social support in education services is very lows according to the RSI (49.44).
3. Result related to that social support in health services is good according to the RSI (66.5).
4. Result related to that social support in health services is low according to the RSI (72.8).
5. Result related to that the empowerment is good according to the RSI (69.4).