

Title: Quality of Life in relation to Emotional Intelligence and Self-Efficacy among University Students.

Abstract:

This research aimed to detect direction of the differences in quality of life due to sex or specialization among university students, identify the relationship between quality of life and both of emotional intelligence and self-efficacy, and to identify the predictive ability of emotional intelligence and self-efficacy with quality of life. The researcher used the descriptive method, and the study sample consisted of (472) students in the faculty of education, Fayoum university. The researcher developed quality of life scale, and used emotional intelligence scale (El Kholy, 2002) and general self-efficacy scale (abd Alla& al Akkad, 2009). The results showed that there are no statistically significant differences in quality of life due to sex or specialization, there is a positive relationship between quality of life and both of emotional intelligence and self-efficacy, and that emotional intelligence and self-efficacy contribute in predicting quality of life.