

**Title:** The Relative Contribution of Psychological Flow and Self-Management in Predicting the Meaning of Life among University Students.

**Abstract:**

This study aims to identify the relationship between psychological flow and self-management with the meaning of life among university students, to detect the differences between males and females in psychological flow, self-management and the meaning of life, and to determine the predictive power of psychological flow and self-management with the meaning of life. The descriptive method was used. The research sample consisted of (486) students at Fayoum University. The researcher prepared the psychological flow scale and the self-management scale, and used the meaning of life scale (prepared by Mohammed Hassan Al-Abiad, 2010). The results showed a statistically positive relationship between both of psychological flow and self-management and the meaning of life. There were no statistically significant differences between males and females in both of psychological flow, self-management and the meaning of life. The results also showed the possibility of predicting the meaning of life among university students through psychological flow and the meaning of life.