

Title: Academic Procrastination in Relation to Neurotic Perfectionism and Psychological Resilience among University Students.

Abstract:

This study aimed to identify the relationship between academic procrastination and both of: neurotic perfectionism and psychological resilience among University students, to detect the differences in these variables, which may due to gender, grade, or specialization, and to determine the extent of neurotic perfection and psychological flexibility in predicting academic procrastination. The descriptive method was used. The research sample consisted of (527) students at faculty of education, Fayoum University. The following tools were applied: academic procrastination scale (prepared by the researcher), neurotic perfectionism scale (prepared by the researcher), and psychological resilience scale (prepared by Connor& Davidson, 2003 and translated by the researcher). The results showed a statistically significant positive relationship between academic procrastination and neurotic perfectionism, a statistically significant negative relationship between academic procrastination and psychological resilience. There are statistically significant differences in the study variables due to gender, grade, and specialization. The results also showed the possibility of predicting with academic procrastination through neurotic perfectionism and psychological resilience.