

**Title:** Mindfulness, Self-Compassion, and Emotional Sensitivity as Predictors of Vocational Future Anxiety among Students Teachers (A Psychometric Clinical Study).

**Abstract:**

This study aimed to identify the impact of the interaction of mental alertness, self-compassion, and emotional sensitivity in predicting future professional anxiety among student teachers. The study relied on the use of the descriptive approach and the clinical approach. The study was conducted on a sample of (475) male and female students in the third and fourth grades in the faculties of education (general and basic education), specific education and early childhood education at Fayoum University. The researchers prepared the study tools, which are: the mental alertness scale, the self-compassion scale, the emotional sensitivity scale, and the professional future anxiety scale, in addition to using the subject understanding test (TAT). The study found a set of results, the most important of which are: there is a statistically significant negative correlation between mental alertness and professional future anxiety, and there is a statistically significant negative correlation between self-compassion and professional future anxiety, and there is a positive, statistically significant correlation between emotional sensitivity and professional future anxiety. There were statistically significant differences in mental alertness due to the gender variable in favor of males, while there were no statistically significant differences in compassion in particular due to the gender variable, as well as statistically significant differences in emotional sensitivity due to the gender variable in favor of females, and there were statistically significant differences in professional future anxiety. It is attributed to the gender variable in favor of females. There were also statistically significant differences between high and low professional future anxiety of the study sample in both mental alertness, self-compassion and emotional sensitivity. There was a significant effect of the interaction of mental alertness, self-compassion, and emotional sensitivity on the professional future anxiety of the study sample. The variables of mental alertness, self-compassion, and emotional sensitivity contribute to predicting future professional anxiety among the study sample. The results of applying the subject understanding test showed that the clinical picture of the case with high professional future anxiety differed from that of the case with low professional future anxiety.