

Habits of Mind Predicting Creative Self-Efficacy and Academic Adjustment among College of Education Students

Abstract:

The current study aimed at identifying habits of mind predicting creative self-efficacy and academic adjustment among College of Education students (N= 354 students from the College of Education, Fayoum university). The tools of the study included three scales; Habits of Mind Scale (Carl Rogers) translated by Mohamed Bakr (2006), Creative Self-efficacy Scale (prepared by researcher), and Academic Adjustment scale (prepared by researcher). Results show that there are five habits of mind that can predict creative self-efficacy among faculty of education students (taking responsible risks, persisting, thinking flexibly, Learning Continuously and Managing Impulsivity). The results also show that there are four habits of mind that can predict academic adjustment: interdependent thinking, taking responsible risks, finding humor, gathering data through all senses). The results were explained in light of theoretical framework of the research.

Keywords: habits of mind, creative self-efficacy, academic adjustment.