

نموذج رقم "١"

استمارة ملخص بحث بواسطة المتقدم

نوعه :- (فردى)

رقم البحث (٤)

عنوان البحث باللغة الإنجليزية :-

**Effect of Discharge Plan on Quality of Life among Elderly Women Undergoing Uterine Prolapse Surgery**

عنوان البحث باللغة العربية :-

تأثير خطه ما بعد الخروج من المستشفى على نوعية الحياه بين المسنات اللواتى يخضعن لجراحه الهبوط الرحمى  
المشاركون فى البحث: بالترتيب فى النشر مع توضيح تخصصاتهم ووضع خط تحت اسم المتقدم

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مكان النشر:

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هل البحث معتمد على رسالة علمية

ملخص البحث المصغر باللغة الانجليزية:

**Background:**

**Background:** Uterine prolapse is a highly prevalent disorder affecting as many as 50% of women above 60 years. **Aim:** To evaluate the effect of discharge plan on quality of life among elderly women undergoing uterine prolapse surgery. **Research design:** A quasi experimental one group pre/post- test research design was used to test the intervention

**Setting:** This study was carried out in selected outpatients' clinics in two gynecological hospitals (Al Demerdash University hospital and Al- Galaa hospital).

**Sampling:** A purposive sample of 105 elderly women undergoing uterine prolapse surgery representing about 5% of the total attendees in the two outpatient clinics.

**Tools:** 1. structured questionnaire of personal and medical data. 2. A questionnaire to assess knowledge about uterine prolapse surgery. 3. Who Quality of Life-bref to assess bio- psychosocial and environmental quality of life domains. **Results:** Showed statistically significant differences between pre & post- test regarding knowledge as well as quality of life domains scores. **Conclusion:** implementation of the discharge plan resulted in improvement in many quality of life domains.

**Conclusion:** implementing discharge plans for elderly women undergoing uterine prolapse surgery. **Recommendations:** 1. Raising awareness of elderly women regarding uterine prolapse surgery. 2. Implement the discharge plan on larger sample size to gain more generalization of data. 3. Further studies are needed in this field to assess the effect of health education program on women's knowledge regarding risk factors and preventive measures to recurrence of uterine prolapse.

**Keywords:** Quality of life, elderly women, prolapsed uterus

التوقيع

مقدم البحث

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