



Faculty Of Social Work

Department Of Social Work Fields

**Life Stress Resulting from Private Lessons and A
Suggested Role form the Perspective of Generalist
Practice in Social Work to Deal with them**

An M.A. Proposal in Social Work with a Major in Social Work Fields

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**University year
(2020)**

Abstract

First: the study problem and its importance:

Private lessons are a satisfactory phenomenon and represent one of the obstacles that hinder our educational system from performing its basic function for which it was established and emptying it of its basic content in a way that renders it incapable of achieving its goals that society created in order to achieve them. The challenge posed by this phenomenon is to weaken the value of the official school to the degree that with it, private lessons are about to become the basis, and the role of the public school will turn into a marginal role that is only justified by its retention of the right to issue a license or certificate.

Thus, experts see that the phenomenon of private lessons is the responsibility of three elements: the first is the teacher who suffers from the difficulty of life in light of the current economic conditions, especially with his low financial level, and the second is the student who did not understand well and needs further explanation, as the specific time for study has become in the classroom. It is not sufficient to communicate information to the student and then demands the guardian (the family) who responds to the wishes of the son or daughter and bears the expenses of private lessons because he cannot play the role of the teacher.

And then the family suffers from many academic pressures, as the high level of ambition in the children may play during the recent period, as a result of the increase in the ambition of the parents, the increase in the cultural level, and the high standard of living, which provided the family with the possibility of achieving its scientific ambition in its children, and this ambition became one of the factors and causes of the emergence. The pressure on the family and its members, and if the son stumbles or encounters educational problems, the matter turns into a crisis and a factor of stress on the family, that the life pressures that the individual is exposed to are determined by psychological, economic and social pressures, family pressures, family pressures, emotional pressures, professional pressures and school pressures.

Hence, the importance of the pursuit of different professions, including the social service profession and their professional methods, to work to help and support the family to cope with the pressures it is experiencing that surpass it from performing its desired role in light of contemporary changes.

There is a historical relationship between social work and the family that led to a trend in the social sciences that now raises questions that must be addressed. These questions included how the social worker defines the criteria for family behavior in addition to the determination by the social worker of the role of the family and how to support this role through practicing social work, It also describes the family's special difficulties and determines the comprehensive changes of the family in the realities of contemporary life.

The general practice of social work aims to enhance and support the capabilities and improve the social performance of individuals, families and groups by developing the ability to identify the pressures often associated with social aspects and providing services, especially preventive, curative and developmental services to their clients, by identifying social pressures and improving social performance for them to carrying out their tasks in daily life and interest in exchanging relationships Align with others.

Based on what has been presented from the theoretical literature and the results of previous studies, the problem of the current study is that despite the roles that the family and the school play in social upbringing and education, there are a set of problems that limit their effectiveness in achieving their goals and the problem of private lessons comes on top of this Problems due to the many pressures they entail on families and students, and this requires intervention on the part of practitioners (social workers), in order to face the life pressures resulting from private lessons, as it became clear from the above that the social service profession through its various models and approaches, including the practice model The public and the associated models and sub-approaches have a pivotal role in facing the life pressures resulting

from many different problems, and thus can have a role in facing the life pressures resulting from the problem of private lessons among students' parents.

This is what the current study seeks by identifying the "family, social, economic, and psychological pressures" of students' parents resulting from private lessons, and then arriving at a proposed role from the perspective of general practice in social service to face these pressures. Hence, the current study problem crystallizes in A key question that leads to: What is the nature of the life pressures of students' parents resulting from private lessons?

Second: The objectives of the study: -

First main goal:

1- Determining the nature of the life pressures of students' parents resulting from private lessons

A set of sub-goals emanate from this main objective:

- Determining the family pressures of students' parents resulting from private lessons
- Determine the social pressures of students' parents resulting from private lessons
- Determining the economic pressures of students' parents resulting from private lessons
- Determining the psychological pressures of students' parents resulting from private lessons

The second main goal:

2- Reaching a suggested role from the perspective of the general practice of social service in dealing with the life pressures of students' parents resulting from private lessons.

Third: Study questions: -

The study starts from a major question: What is the nature of the life pressures of students' parents resulting from private lessons?

The main question stems from a set of sub-questions, which are:

- What are the family pressures of students' parents resulting from private lessons?
- What are the social pressures of parents of students resulting from private lessons?
- What are the economic pressures of students' parents resulting from private lessons?
- What are the psychological pressures of students' parents resulting from private lessons?

Fourth: Study concepts:

This study is based on two main concepts:

- 1- Life stress
- 2- Private lessons

Fifth: the theoretical starting point of the study:

The present study starts from: Ecological pattern theory from a general practice perspective

Sixth: Study Methodology:

1- Type of study:

This study falls under the "descriptive" studies type

2- Approach used:

The current study used the social sample survey method.

3- Study tools:

Data collection tools:

A- An attitudinal scale titled "life pressures resulting from private lessons" is applied to the students' parents.

B- An interview guide titled "Life pressures resulting from private lessons and a proposed role from the perspective of public practice in social service to deal with

them”, applied to the faculty members of the Faculty of Social Work, Fayoum University.

- **Data analysis tools:** a set of statistical transactions using the SPSS Statistical Package for Social Sciences program.

4- Fields of study:

The human field:

This study was applied on a random sample of employees (parents of students, whether (father or mother)) in the different sectors represented in the university, the medical sector, youth centers, schools and community groups, and it represents the size of the research community in (445 parents) as the application was done on a random sample Of the experts from the faculty members of the colleges and institutes of social service (the Faculty of Social Work, Fayoum University, the Faculty of Social Work, Helwan University, the College of Social Work, Beni Suef University, the Higher Institute of Social Service in Nasr City) and their number (30 professors).

Spatial domain: -

This study was applied in many different sectors at Fayoum University (Faculty of Specific Education, College of Dentistry, College of Kindergarten, College of Dar Al Uloom, College of Science, College of Agriculture, College of Social work, College of Arts, College of Engineering, College of Archeology, College of Medicine, College of Tourism and Hotels, College of Education, College of Computers and Information) and the medical sector (Urban Medical Center in Cayman, Medical Center in "Al-Saddaali"), youth centers (General Administration for Youth Welfare at the University, Student Activities Center, Governorate Youth Center) and schools (Sabry Muhammad Al-Bakbashi Preparatory School, Jamal Abdel Nasser Secondary School for Boys, Aisha Hassanein Secondary School for Girls) and civil societies (Resala Association, Social Rehabilitation Association for the Orphans with Disabilities, Social Welfare Association "The Refuge"), and the application was also implemented in the Faculty of Social Work, Helwan University,

Faculty of Social Work, Beni Suef University, the Institute Higher for Social work in Nasr City).

- Time domain: -

The period of conducting the study, both theoretical and field, which lasted from 11/12/2018 to 5/ 7/2020.

Seventh: the general results of the study:

- The study found that the value of the arithmetic average of the responses of the respondents from the parents to the attitudes of family pressures of the parents of the students resulting from private lessons, as well as the ratio of the distance, which indicates that the level of family pressures among the students' parents resulting from private lessons is average.

- The study found that the value of the arithmetic average of the respondents' responses from the parents to the social pressure situations of the students 'parents resulting from private lessons, as well as the distance ratio, which indicates that the level of family pressure among the students' parents resulting from private lessons is average.

- The study found that the value of the average of the respondents' responses from the parents to the economic pressures of the students 'parents resulting from private lessons, as well as the distance ratio, which indicates that the level of family pressures among the students' parents resulting from private lessons is average.

- The study found that the value of the arithmetic average of the responses of the respondents from the parents to the psychological stress situations of the students 'parents resulting from private lessons, as well as the ratio of the distance, which indicates that the level of family pressures among the students' parents resulting from private lessons is average

- And then the study found that the rates of life stress among students 'parents resulting from private lessons, that the highest rate was of economic pressure among

students's parents resulting from private lessons, while the lowest percentage was of social pressure among students's parents resulting from private lessons.