

Research summary

" فعالية برنامج عقلائي إنفعالي سلوكي في تنمية المهارات الاجتماعية لجماعات الأطفال الأيتام "

"The effectiveness of an emotional, rational, behavioral program in developing the social skills of orphans' groups"

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The problem of the study: The social service profession, like other professions, focused on emphasizing the rights of needy groups, including orphan children, with the aim of improving the quality of their lives. As well as helping him to develop and flourish human life.

Accordingly, social service is a human profession that specializes in the problems of life, social relations and deficiencies in the system of social institutions. This profession believes in the human being and in his ability to encounter difficulties. The social work profession took care of children in general and children deprived of family care in particular. Considering that this group is part of society and that by taking care of it and caring for it, this group becomes a productive energy capable of giving and contributing to social and economic aspects just like the rest of society. Also, many experimental and evaluation studies and research in the fields of psychology, mental health and social service have proven the effectiveness of the emotional rational model in community service, as it has a high effectiveness in treating and developing positive behaviors among individuals and groups, especially those with psychological and social problems that affected their behaviors and their dealings with surrounding individuals.

Accordingly, the researcher conducted a position assessment study to identify the social skills of orphaned children in the Social Welfare Institution, by applying a position assessment form to a sample of 13 children. The study confirmed that the most low social skills among orphans are: the skill of forming social relationships, Communication skill, and ability to take social responsibility.

Through the previous presentation and the results of previous studies, the researcher thought in the subject of the current study, which aims to test the effectiveness of a rational emotional behavioral program based on the methods of the emotional rational model in the service of the group to develop the social skills of groups of orphan children.

Study concepts:

- 1- The emotional, rational, behavioral model
- 2- The concept of social skills
- 3- The concept of orphan children

Study objectives:

This study seeks to achieve a major goal, which is: -"Testing the effectiveness of a rational, emotional, behavioral program in developing the social skills of orphans' groups"

From it emerge a set of the following sub-goals:

- 1- Test the effectiveness of a rational, emotional, behavioral program in developing the skill of forming social relationships for orphans' groups.
- 2- Test the effectiveness of a rational, emotional, behavioral program in developing the communication skill of orphans' groups.
- 3- Test the effectiveness of a rational, emotional, behavioral program in developing a skill that carries social responsibility for orphans' groups.

Type of study: The current study belongs to the pattern of quasi-experimental studies

The curriculum used for the study: The researcher used in her study the experimental approach which depends on the experimental design known as the design of one group with pre-test - post

Study tools: In this study, the researcher relied on a form for measuring the level of social skills of orphaned children

fields of study :

The human field: The sample of the study, (10), were children from the Social Care Institution in Fayoum

Locality: The study was applied at the Social Welfare Institution in Fayoum.

Time domain: It represents the period of conducting the study, both theoretical and practical, which was determined in the period from the beginning of September 2018 until the end of April 2019.

Results of the study:

The results of the study reached to validate the hypotheses of the study:

- 1- There are statistically significant differences for using a rational, emotional, behavioral program and developing the skill of forming social relations for groups of orphan children.
- 2- There are statistically significant differences for using a rational, emotional, behavioral program and developing communication skills for orphans' groups.
- 3- There are statistically significant differences for using a rational, emotional, behavioral program and developing a skill that carries social responsibility for groups of orphan children