



Submitted by: omnia Mohamed Abdel-Alim Hafez

**entitled: Art therapy program and artistic activities
to reduce manifestations of aggressive behavior
at sample of teenage students.**

Under the supervision of :

Prof.Dr. / Abla Hanafi Othman.

Prof. Dr. Hanan Mohamed El-Shahawy

The summary

Chapter One:

an introduction

The adolescent stage is considered one of the finest stages that a person is going through. This is the stage during which an individual is transformed from a child who is not fully developed into a mature adult. The changes that occur are not limited to one or some aspects of his personality, but they are all covered in addition to the fact that this stage is accompanied by physical, emotional and social changes and others.

The student sector in the adolescent stage as a general wealth for any community if it is well exploited as they represent the most important sectors of society in addition to being a social segment occupies a privileged position in the structure of society, qualifying them to be one of the effective forces in the exercise of their roles that should be practiced on the performance of it Answer the care and attention of this class of students and prepare them well and fully until the maturity is complete.

Research problem:

Aggression in schools is one of the most important problems that threaten school and community security as well. However, there is insufficient attention to this problem in the Arab societies in an appropriate manner to face this problem, both in terms of the reasons for its spread and how to confront it because school aggression is one of the most obstacles facing the learning process. And physically it also commonly chaos and violence.

The research problem is based on the following questions:

1. What is the effect of a therapeutic program of artistic activities in the usual study environment to reduce the manifestations of aggressive behavior in the sample of adolescent students?
2. What is the effect of a therapeutic program of artistic activities in a study environment adapted to the variable color (Baker-Miller pink # FF91AF _ Baker Miller pink) to

reduce the manifestations of aggressive behavior in the sample of teenage students?

Objectives of the study:

1. Detect the impact of artistic activities in reducing manifestations of aggressive behavior in adolescents.
2. Detect the effect of color (Baker-Miller pink # FF91AF _ Baker Miller pink) in reducing manifestations of aggressive behavior in adolescents.

the importance of studying:

1. Open the field for researchers to study the issue of aggression in schools and plan the necessary programs to reduce it in our schools.
2. Contribution of the results of the study in developing more proposals in the field of art therapy and psychotherapy.
3. Improve the school climate to prevent aggression within schools, which is reflected on the outside community.

Research hypotheses :

1. There are statistically significant differences in the average aggressive scores in the experimental group (1) and the control group in favor of the experimental group (1).
2. There are statistically significant differences in the average aggressive scores in the experimental total (1)

before and after applying the therapeutic program in favor of telemetry.

3. There are statistically significant differences in the average degree of aggressiveness of the experimental group (2) and the control group in favor of the experimental group (2).

4. There are statistically significant differences in the average aggressive scores in the experimental group (2) before and after the application of the therapeutic program in favor of telemetry.

5. There are differences in average scores of aggressiveness between experimental group (1) and experimental group (2) in favor of experimental group (2).

Search procedures:

First: Research Methodology: The research follows the semi-experimental approach

Second: a total of 60 students with an average age (17 years) in the secondary mechanical military stage boys in Fayoum Governorate

Study tools:

The scale of aggressive and aggressive behavior of Amal Abdel Samie

Search steps:

1. Determine the sample of adolescent students according to the scale of aggressive behavior.
2. Divide the sample into three control groups and two experimental groups, each group of 20 students.
3. Apply the therapeutic program to the two experimental groups.
4. Application of the telemeter of aggressive behavior on three groups (experimental and control)
5. Statistically treating the results using (T) test and the mean and standard deviations to know the differences between the pre and post test of the experimental and control groups.
6. Discuss the findings and formulate recommendation

research results:

1. There are statistically significant differences in the average degrees of aggressiveness in both (control and experimental 1) in favor of experimental 1.
2. There are statistically significant differences in the degree of aggressive behavior in the experimental group 1 in both the pre and post application of the scale of aggression in favor of the post application.

3. There are statistically significant differences in the average degree of aggressiveness in both (control and experimental 2) in favor of experimental 2.

4. There are statistically significant differences in the degree of aggressive behavior in the experimental group 2 in both the pre and post application of the scale of aggression in favor of the post application.

5. There are statistically significant differences in the average degree of aggressiveness in both (experimental group 1 and experimental 2) in favor of experimental 2



College of Art Education
Graduate Studies and Research
Department of Education

**Submitted by: omnia Mohamed Abdel-Alim Hafez
entitled: A therapeutic program in color and
artistic activities to reduce the manifestations of
aggressive behavior in the eyes of adolescent
students**

**Under the supervision of
Prof.Dr. / Abla Hanafi Othman
Prof. Dr. Hanan Mohamed El-Shahawy**

Abstract :

Aggressive behavior is a widespread behavioral phenomenon that almost encompasses the whole world.

Chapter I includes: The introduction and presentation of the problem of the study with mention of its hypotheses, objectives and terms and then the limits of the study and ensure **Chapter II**: the theoretical framework of the study included (aggression and violence, adolescence, artistic activities, color.

Chapter III: Studies associated with the current study

Chapter IV: The practical framework of the study has included a methodology and community sample research, tools of the study **Chapter V**: Presentation of the results of the study and discussed the result came through statistical analysis confirms the positive impact of the treatment program.

