

## **Frist Search**

### **Abstract**

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**Title** : Life stress and its relationship to taking responsibility and making decisions among university students.

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**Aims:** the study aims at investigating the relationship between life stress , taking responsibility and Decision making among university students . The two researchers employed the analytical descriptive method>The participants were " 230"university students from the faculties of computer & Information ,Social Services and Education .Their age ranged from 17–22 years and are members of complete families , from different SES from rural and urban areas of Fayoum. The material included SES from ,Demographic information from , life stress scale , Responsibility taking scale , and Decision ,making scale.

### **Results :**

1. Life stress types of university students were economical (28%) , family (26.3%) , social stress (24.1) and psychological stress(21.6%)
2. There were statistically significant differences (0.01) in life stress between males and females in favor of males , between areas in favor of urban areas, between parent occupations in favor of non working parents, between big and small families in favor of big family , between incomes levels in favor of low income, between parents age in favor of younger parents.
3. There were statistically significant differences (0.01 0.05)life stress according to parents education level in favor of low level and to father occupation in favor of low occupation.
4. There were statistically significant differences /(0.01) in responsibility taking and decision making between genders in favor of males ,

between education levels in favor of high level; , between father occupations in favor of high income, between the father ages in favor of older father.

5. There were no statistically significant differences in responsibility taking and decision making scores according to the students ages , living areas and mothers occupations .
6. There were statistically significant differences & in responsibility making and decision making according to mother education levels in favor of high level , according to family numbers in favor of small numbers , according to mothers ages in favor of older mothers .
7. There were differences in contribution percentiles of the independent variable to responsibility taking and decision making the most effective variable was father education (76%) , followed by mother education level ( 70.2 %) , students ages (63.3%) and father occupation (59%) .
8. There was a statistically significant negative correlation between life stress dimensions and responsibility taking and decision making except family roles performance & social stress with friends.

**– Recommendations:–**

1. Establishing open channels between university students and specialists in House Administration through holding meetings and gyiring classes and conferences in the parents locations (their work) or through writing bookers and handouts explaining the kind of stresses the students might face , and how to overcome them .
2. setting a strategy for comprehensive co–operation between young people organizations such as the ministry of education research centers , for teaching young people about different types of stress and how to overcome them.