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**The Effect of The pressures Facing The Bread  
Winner Woman on Managing Her Family  
Affairs  
(Afield Study in Beni-Suif Governorate )**

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## Summary

### *The Effect of The pressures Facing The Bread Winner Woman on Managing Her Family Affairs (Afield Study in Beni-Suif Governorate*

Rests with the family many of the functions that they should do is vital functions, psychological, social, educational and economic, but if they fail the family in carrying out these functions will appear in the image problems are many and varied impact on family members as it hindered the performance of their functions and roles, leading to the disintegration of the family.

This is what happened in the recent emergence of a group of women-headed families as a consequence of the absence of head of household for any of the following reasons: - "death - divorce - desertion - the prison - the disease ... and others" and thus became the women are in charge of the first and last of her family economically, socially and health and educationally

They have become household suffer from several problems including the decline in income and mother's educational level, and thus lead to economic and social problems as a result of its desire to give a model for management of the affairs of the house because they do not want to feel inadequate as a result of the absence of the father.

And because the absence of the father of the family life has become a reality familiar in many of the lives of families in the humanitarian community, so must be dealt with and knowledge of its effects and its dimensions. Where the statistical estimates suggest that the proportion of women heads of families in the Arab Republic

of Egypt for about ۲۳%, while the level of the research sample, which have been applied in the province of Beni- Suef, amounts to the total number of households headed by women about ۷.۸۹% of the total number of households in ۲۰۰۵, which is a guide to exacerbate the problem.

In addition, such households are the bread winner woman of the unit, tension and lack of expertise also extended support for them does not represent a safety net economic and have no great pressure to balance their work outside the home and the problems facing in finding suitable work and the housekeeping and the requisite capacity to exploitation of available resources in order to satisfy the needs of her family members.

Hence, the household management role because they serve as the driving forces for the work of mental and be completed by family responsibilities and respect in all aspects of family life, social, economic and technological development.

Has indicated many of the studies and previous research that the bread winner woman suffer many of the social and economic pressures, professional, and which certainly will have an impact on managing family affairs of her various manifestations.

Hence, the research problem emerged in the key question is ***"Does it affect the pressures facing the bread winner woman on managing her family affairs?"***

**in light of this clear research questions:**

- ۱ - What are the pressures faced by the bread winner woman?
- ۲ - Are there differences between the types of pressures faced by women breadwinners in the management of family affairs, according to the study variables (social status - Place of residence -

the educational level of women headed households - income level - the professional level of women headed households - a period of dependency - the number of dependents)?

ƚ - Are there differences between the areas of management practices of women breadwinners research sample (the field of food and health - clothing and furniture - Accommodation and equipment - education and entertainment - family relations) depending on the variables of the study (the social situation - a place of residence - the educational level of women headed households - income level - the professional level Women headed households - a period of dependency - the number of dependents)?

ƛ - What is the nature of the relationship between the types of pressures faced by women headed households and areas of standard management practices of women headed households?

Ɯ - What is the effectiveness of the Indicative Programme for the Development of awareness of women heads the management of the affairs of her family to cope with different pressures?

### **Research Objectives:**

The current research aims to determine the impact of the pressures facing the bread winner woman on managing family affairs in the province of Beni – Suef, through:

⋈ - To identify the pressures (economic - social - professional) that the bread winner woman face on managing families family affairs in the survey sample.

⋉ - To clarify the differences between the kinds of pressures (social - economic - Professional) faced by the bread winner woman in managing the affairs of her family due to the variables of the study (the social situation - a place of residence - educational level - the

level of income - the professional level - a period of dependency - the number of dependents).

ϣ - To clarify the differences between the areas of management practices of the bread winner woman sample of the research in the area (food and health - clothing and furniture - Accommodation and its facilities - education and entertainment - family relations), depending on the variables of the study (the social situation - a place of residence - educational level - the level of income - the professional level - a period of dependency - the number of dependents).

ε - To identify the nature of the relationship between the types of pressures faced by the bread winner woman and areas of standard management practices for the bread winner woman sample of basic research.

ο - The impact of the effectiveness of a program to develop awareness of the bread winner woman the management of the affairs of her family to face the pressures in its various forms.

### **The importance of research**

Contribute to current research in:

ϝ - Try to identify the actual size of the economic pressures and social and professional facing the bread winner woman, which represents the starting point for the community to deal with the problem in way. a positive

Ϟ - To take advantage of this study is to work to improve the economic, social and professional status of the bread winner woman and thus improve the management of the affairs of her family.

ϣ - To highlight the importance of encouraging the participation of the bread winner woman in the planning and implementation of some community-based projects which support identity and thus improve its management of the affairs of her family.

ε - This study is a new addition in the management of home and family as they address the impact of the pressures faced by the bread winner woman to manage the affairs of her family.

ο - To benefit from the results of this study in the preparation of a program to develop awareness of the bread winner woman the management of the affairs of her family to cope with pressure.

### **Research Hypotheses**

#### ***The current research assumes the following:***

Ͽ - The relative importance of different types of pressure (social - economic - professional) that facing the bread winner woman on managing family affairs in the families of the family research sample.

Ϡ - There are significant differences between the types of pressures (social, economic, professional) faced by the bread winner woman in managing the affairs of her family due to the variables of the study (the social situation - a place of residence - educational level - the level of income - the professional level - a period of dependency - the number of dependents ).

ϡ - There are significant differences in management practices of the bread winner woman sample of the research in the field of (food and health - clothing and furniture - Accommodation and its facilities - education and entertainment - family relations) depending on the variables of the study (the social situation - a place of residence - educational level - level of income - the professional level - a period of dependency - the number of dependents).

ε - There is a statistically significant correlation between the types of pressures faced by the bread winner woman and areas of standard management practices of the bread winner woman sample basic research.

ο - There are significant differences between members of the experimental research sample before and after implementation of the program for the benefit of the post.

### **Research Methodology:**

This research follows a descriptive approach the pilot.

### **Search within:**

And is determined by this research as follows:

### **First: The research sample:**

#### ***Human scale consists of:***

1 - Sample of the baseline study and strength (198) the bread winner woman included (100) the bread winner woman of the urban (98) the bread winner woman from the rural province of Beni Suef – and the bread winner woman are (absolute - a widow - her husband does not work) and have the children dependents.

2 - Sample survey consisted of (30) the bread winner woman of the sample survey of basic levels of social, economic and educational different.

3 - Sample of the pilot study consisted of (50) the bread winner woman of a sample of the baseline study.

#### ***Geographical scope:***

Is a field study on the bread winner woman in urban and rural province of Beni Suef, social and economic levels and different educational and do a variety of residential neighborhoods.

## **Secondly Search Tools:**

### ***Tools include research on: -***

∖ - A form of general statements of the bread winner woman.

**(Prepared by the  
researcher)**

### ***And include data on:***

(Age - residence - the type of housing - the social situation - for marriage - the family support - the number of dependents - Education level - level of the profession - the average monthly income)

∕ - Questionnaire pressures faced by the bread winner woman.

**(Prepared by the  
researcher)**

It includes social and economic pressures and professional.

∕ - Standard management practices for the bread winner woman.

**(Prepared by the  
researcher)**

It includes the following areas (food, health - clothing and furniture - Accommodation and equipment - education and entertainment - family relations).

ε - A program to develop the awareness of the bread winner woman manage family affairs to meet the different pressures. **(Prepared by the researcher)**

### **Procedure:**

#### ***Researcher has the following steps to conduct the research:***

∖ - Preparing a conceptual framework for the study and through a review of most important references and research and previous studies related to research and select the subject of theoretical foundations upon which the current search.



٢ - do exit interviews with the bread winner woman as well as some actors (such as the Directorate of Social Affairs - National Council for Women in Beni- Suef) to identify the pressures they face in order to build research tools.

٣ - Preparation of a questionnaire pressures facing the bread winner woman, including social and economic pressures and professional in its preliminary stage.

٤ - Preparation of standard management practices of the bread winner woman talking to the different in its preliminary stage.

٥ - View the tools on a group of professors and specialists for the provision of the sincerity of the tools and the extent of the content is appropriate for the target which it was placed.

٦ - Make proposed amendments to the research tools based on the opinions of gentlemen of the arbitrators.

٧ - The application of tools on a sample survey which range from strong (٣٠) the bread winner woman to ensure the stability of the tools.

٨ - Calculation of sincerity and constancy of statistical tools.

٩ - The application of tools in its final form on a sample keyword search is (١٩٨) the bread winner woman.

١٠ - Statistical analysis appropriate to draw conclusions and to validate assumptions .

١١ - The preparation and program design.

١٢ - Application of the program on the experimental sample.

١٣ - Statistical analysis of the program.

١٤ - Extract the results and interpretation and discussion.

١٥ - View the recommendations and proposals.

١٦ - References.

## **Summary of the main search results**

١ - The relative importance of different types of pressure (socio - economic - Professional) facing the bread winner woman where the economic pressures occupies first place followed by the pressures of professional and finally to social pressures.

٢ - There are significant differences in the types of pressures faced by the bread winner woman in the management of family affairs, according to the study variables, the following:

- The presence of statistically significant differences at the level of significance (٠.١ and ٠.٠٥) in both pressures (economic, professional) faced by the bread winner woman in the management of family affairs in accordance with the social situation, while not found a statistical significance in the social pressures they face.

- The presence of statistically significant differences between rural and urban sample of the research at the level of significance (٠.٠٠١) in the types of pressures faced by the bread winner woman for the bread winner woman in urban areas.

- The presence of statistically significant differences at the level of significance (٠.٠٠١) among all kinds of pressures (social, economic, professional) faced by the bread winner woman in the management of family affairs in accordance with the educational level for the low educational level.

- The presence of statistically significant differences at the level of significance (٠.٠٠١) between the types of pressures (social, economic, professional) that the bread winner woman face in managing the affairs of her family, according to the maintenance for a period of great dependency.

- The presence of statistically significant differences at the level of significance (٠.٠٠١) between the types of pressures (social, economic, professional) that the bread winner woman face in managing the

affairs of her family according to the number of dependents for the greatest number.

- The presence of statistically significant differences at the level of significance ( $p < 0.05$ ) between the types of pressures (social, economic, professional) according to the level of income of the bread winner woman in favor of the bread winner woman with low incomes.

- The presence of statistically significant differences at the level of significance ( $p < 0.05$ ) between the types of pressures (social, economic, professional) according to the level of profession for the benefit of the bread winner of the bread winner woman with low-level work to them.

3 - The presence of statistically significant differences in management practices of the bread winner woman to manage the affairs of her family, according to the study variables, the following:

- The presence of statistically significant differences at the significance level ( $p < 0.05$ ) between the areas of standard management practices of the bread winner woman in accordance with the social situation for the bread winner woman married to husband does not work.

- The presence of statistically significant differences at the level of significance ( $p < 0.05$ ) in the place of residence of the bread winner woman (Urban- Rural), Beni Suef and between the areas of management practices of the bread winner woman in managing the affairs of her family in favor of the bread winner woman living in urban areas.

- The presence of statistically significant differences at the level of significance ( $p < 0.05$ ) between the areas of standard management practices of the bread winner woman women, according to the level

of education for the benefit of the higher education level of the bread winner woman.

- The presence of statistically significant differences at the level of significance ( $\dots$ ) between the areas of standard management practices of the bread winner woman, according to the dependency for the maintenance of the bread winner woman.

- The presence of statistically significant differences at the level of significance ( $\dots$ ) between the areas of standard management practices of the bread winner woman, according to number of dependents for the benefit of the small number.

- The presence of statistically significant differences at the level of significance ( $\dots$ ) between the areas of standard management practices of the bread winner woman in managing the affairs of her family according to their income level for the high income level for the bread winner woman.

- The presence of statistically significant differences at the level of significance ( $\dots$ ) between the areas of standard management practices of the bread winner woman in managing the affairs of her family, according to the level of her career in favor of working-level higher for the bread winner woman.

ε - There is a correlation inverse at the level of significance ( $\dots$ ,  $\dots$ ) between the types of pressures faced by the bread winner woman (social pressure, economic pressure pressure professional) and the areas of management practices of the bread winner woman (food, health, clothing and furniture housing and equipment, education and entertainment relations family).

◦ - There are significant differences at the level of statistical significance ( $\dots$  and  $\dots$ ) between members of the experimental

research sample before and after implementation of the program for the benefit of the post.

## **Research**

## **Recommendations**

**According to the results of the present research researcher recommends the following recommendations:**

[١] the preparation and rehabilitation of women leaders to participate in the development of society because they are more able to express the needs of the bread winner woman .

[٢] Definition of the bread winner woman to access the service and who deserve help and is not intended here that the women are heads of household and responsible first by physically and socially, whether in the presence of a man does not work, divorced or widowed.

[٣] The use of the media broadcast and print media to raise awareness of the bread winner woman of bodies and associations that provide services of economic, social, legal, educational and health to work on the empowerment of the bread winner woman and raise their efficiency.

[٤] Media attention and audio-visual and print monitor the successful experiences of these the bread winner woman and annexation of a guide explaining the services provided to them through the bodies and intergovernmental organizations or non-governmental organizations.

[٥]Need to stand on the actual size of the problem of the bread winner woman and to identify its dimensions and the problems associated with them and it will not only be to provide accurate statistics.

[٦] The geographical spread of services, research centers to cover nearly every center in the Republic, with coordination with associations and intergovernmental organizations and NGOs.

**The proposed research:**

- ١- The impact of the social situation of the bread winner woman to Aptcaritha in the affairs of her home.
- ٢- A comparative study of household management between men and women heads of households with dependent families.
- ٣- Examine the impact of the program for the development of achievement motivation for the bread winner woman and its relation to family members.

## **Abstract Search**

**The name of the researcher:** Shaimaa Ahmed Ahmed Noueir

**Title of the study:** " The Effect of the pressures Facing The Bread

Winner Woman on Managing Her Family Affairs in Beni-suif Governorate.

**Department:** Department of Home Economics Faculty of Education, Ain Shams University

**The research aims to:** determine the impact of the pressures facing the bread winner woman on managing her family affairs .

**Study Tools:**

١ - A form of general statements of the bread winner woman.

٢ - Questionnaire pressures faced by the bread winner woman

٣ - Standard management practices for the bread winner woman.

٤ - A program to develop awareness of the bread winner woman the management of the affairs of her family to cope with different pressures.

● research tools were applied on a sample of (١٩٨) the bread winner woman ["١٠٠ the bread winner woman from urban breadwinners", "٩٨ the bread winner woman of the countryside"] of Beni- Suef.

**The main important results are :**

[١] the relative importance of different pressures on the bread winner woman, where economic pressures occupies the first rank of ٤٨.٣%, followed by pressure professional ٢٦.٤%, and finally the social pressures ٢٥.٣%.

[٢] There are statistically significant differences at the level of (٠.٠١) between the pressures (economic, professional) faced by the bread winner woman in accordance with the social situation, while not clear that the effect of the statistical social pressure.

[٣] There are statistically significant differences at the level of ( . . . ) between (rural and urban) Governorate of Beni- Suf Effect of pressure for the bread winner woman in urban areas.

[٤] The existence of statistically significant differences at the level of ( . . . ) between the types of pressures faced by the bread winner woman, according to some study variables (educational level - the dependency number of dependents) for (low level of education - the maintenance of long - large number of those dependent) .

[٥] There are statistically significant differences at the level of ( . . . ) between the types of pressures faced by the bread winner woman according to the level of the profession and income for the benefit of professional-level and low income.

[٦] The presence of statistically significant differences at the level of ( . . . ) between the areas of management practices of the bread winner woman according to social status for the bread winner woman married to husband does not work.

[٧] The presence of statistically significant differences at the level of ( . . . ) between the (urban and rural) Governorate of Beni- Suf and between the areas of management practices for the bread winner woman living in urban areas.

[٨] There are differences of statistical significance level ( . . . ) between the areas of management practices of the bread winner woman, according to some study variables (educational level - a period of dependency - the number of dependents) in favor of



(higher education and the maintenance of small number for those dependents).

[٩] The presence of statistically significant differences at the level of (٠.٠١) between the areas of management practices of the bread winner woman according to the level of the profession and the average income in favor of high professional level and high-income.

[١٠] A relationship at the level of inverse correlation (٠.٠١, ٠.٥) between the types of pressures faced by the bread winner woman and between areas of management practices for the bread winner woman.

[١١] No statistically significant differences at the level (٠.١ and ٠) between members of the experimental research sample before and after the implementation of the program for the benefit of the post.