

The effectiveness of the development of awareness housewife with Ergonomics considerations In household chores and their Managerial efficiency

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Recent years have witnessed a series of transformations left the obvious effects on the community . The goddess of family does not only assume her responsibilities as a wife and mother, but also go beyond that to enter the field of employment, which doubled to a large extent of her responsibilities and duties that require a combination of her mental and physical efforts to promote her, also requires a lot of time and effort which displays her for the feeling of tiredness and fatigue and hitting troubles and pressures. Hence the importance of the management begin for both the individual and the family for being contribute to the achievement of the objectives sought by the individual.

This research aims to develop awareness of the goddess of family considerations Ergonomic in household chores and their impact on administrative efficiency. It also aims to ensure the effectiveness of the counseling program prepared for this purpose. exploratory research sample and strength (٣٠) heads of families of Beni Suef were randomly selected so as to legalize research tools.

Sample basic research, and consisted of (٣٥٠) heads of families from urban and rural province of Beni Suef and from different socio-economic levels in order to study the application of tools.

Experimental research sample consisted of (٦٠), a housewife sample basic family have been selected deliberate manner of a sample of the basic study and the study population for the implementation of the counseling program, was selected from the lower spring to the level of awareness considerations Ergonomic in household chores and the impact on the administrative efficiency of the head of the household.

The researcher used the following tools (public data form the head of the household - the tools and appliances form - Ergonomic considerations questionnaire in household chores - the administrative efficiency of the head of the household - a pilot program to develop awareness of the goddess of family considerations Ergonomic in household chores and their impact on the administrative efficiency of scale).

The presence of statistically significant differences in awareness considerations Ergonomic in household chores between heads of households performance differences sample basic research at the level of significance ($.05$), ($.01$) for the benefit of both: (urban residents, housewives married households aged from 20 to less than 40 years in physical ergonomics, over 40 years in mental Ergonomics "cognitive", and over time, the level of higher education, the high level of the profession, a small family with fewer members than 4 members, in favor of income average in physical Ergonomics The mental, environmental, the best is high income level the head of the household work in physical and environmental Ergonomics in favor of heads of household is employed, Ergonomics mental favor of heads of household workers).

And no statistically significant in raising administrative efficiency between the heads of households sample basic research at the level of significant differences ($.05$), ($.01$) for the benefit of both: (urban population, female heads of households aged 40 years and older and above, with higher education and professional workers in the high-level monthly income is high and the number of family members at least 4 members).

The results also confirmed the effectiveness of the program developed for the development of awareness of female-headed households considerations Ergonomic in household chores and their impact on administrative efficiency, where they found statistically significant differences at the level of significance ($.05$) between the scores of the experimental sample before and after the application of the program, for post-application, which demonstrates the effectiveness of the extension programs in the development of consciousness heads of households.