# Diagnostic potential of metastasis-associated-lung-adenocarcinoma-transcript-1 (MALAT-1) and TNF $\alpha$ and hnRNPL related immunoregulatory long non-coding RNA (THRIL) in systemic lupus erythematosus patients: Relation to disease activity. 


#### Abstract

: Aim of the work: to determine expression levels and diagnostic value of metastasis-associated-lung-adenocarcinoma-transcript-1 (MALAT-1) and TNF $\alpha$ and hnRNPL related immunoregulatory long non-coding RNA (THRIL) in systemic lupus erythematosus (SLE), and to assess their role in the clinical characteristics of SLE and disease activity. Patients and methods: Study included 40 patients with SLE and 30 matched controls. SLE Disease Activity Index (SLEDAI) score was assessed. Expression levels of MALAT- 1 and THRIL were detected in the serum by using Real-time polymerase chain reaction and $2-\Delta \Delta \mathrm{CT}$ method. Results: mean age of patients was $40.1 \pm 9$ years (25-55 years), they were 38 females and 2 males and disease duration was $16.5 \pm 3.9$ years. Their mean SLEDAI was $5.8 \pm 5.3$. Expression levels of MALAT- 1 and THRIL were found to be significantly upregulated in the serum of SLE patients compared with controls (set as 1). MALAT-1 fold change= $3.7 \pm 3.8(p=0.009)$, and THRIL fold change $=3.6 \pm 3.4 \quad(p=0.026)$. There were significant correlations between MALAT-1 with THRILL ( $\mathrm{r}=0.44, \mathrm{p}=0.005$ ), proteinuria ( $\mathrm{r}=0.45, \mathrm{p}=0.006$ ), erythrocyte sedimentation rate ( $\mathrm{r}=0.43, \mathrm{p}=0.006$ ) and SLEDAI ( $\mathrm{r}=0.36, \mathrm{p}=0.024$ ). No significant correlations were found between THRIL and study parameters. Sensitivity and specificity of MALAT-1 and THRIL were determined (sensitivity $67.5 \%$ and $65 \%$ respectively), (specificity $100 \%$ for both, total accuracy $80 \%$ and $81.4 \%$ respectively), and the combined effect of both increased sensitivity and total accuracy to $70 \%$ and $82.9 \%$ respectively. THRIL was a significant predictor for SLE disease ( $\mathrm{p}=0.02$ ). Conclusion: MALAT-1 and THRIL may be potential diagnostic biomarkers for SLE and only MALAT-1 may be valuable in detecting disease activity.


