
4-Case Report: Huge Number of Fibroids Removed from Nulligravid Uterus

Abstract

Introduction: Uterine fibroids, also known as uterine leiomyomas or fibroids, are benign smooth muscle tumors of the uterus. Most women have no symptoms while others may have painful or heavy periods. If large enough, they may push on the bladder causing a frequent need to urinate. About 20% to 80% of women develop fibroids by the age of 50.

Case Presentation: A 38-years-old woman nulligravida) presented to our department as out patient clinic complaining of menorrhagia. On physical examination, the patient's general condition was satisfactory, her abdomen was distended with fundal level about 24 week laboratory tests revealed hemoglobin (7g/dL) and hematocrit value (36.4%), MCV (72.1) W. The patient received blood transfusion and HB became (11.6g/dL). The patient was counseled regarding options for management of her fibroids and menorrhagia and chose myomectomy. Surgery was done under spinal anesthesia. Intraoperative findings included presence of large number of fibroids (61) the largest about 6 X 6cm, the fibroids were intramural, submucous and subserous the patient was discharged and will be followed-up at our outpatient clinic. She had an uncomplicated postoperative course and reported improvement in her menorrhagia.

Conclusion: Myomectomy is a surgery to remove one or more fibroids. It is usually recommended when more conservative treatment options fail for women who want fertility preserving surgery or who want to retain the uterus
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