## Diagnostic Potential of Metastasis-associated-lungadenocarcinomatranscript-1 (MALAT-1) and TNFα and hnRNPL Related Immunoregulatory Long Non-coding RNA (THRIL) in Systemic Lupus Erythematosus Patients: Relation to Disease Activity

## By

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## Abstract

Aim of the work: To determine expression levels and diagnostic value of metastasisassociated-lung-adenocarcinoma-transcript-1 (MALAT-1) and TNFa and hnRNPL related immunoregulatory long non-coding RNA (THRIL) in systemic lupus erythematosus (SLE), and to assess their role in the clinical characteristics of SLE and disease activity.

**Patients and Methods:** Study included 40 patients with SLE and 30 matched controls. SLE Disease Activity Index (SLEDAI) score was assessed. Expression levels of MALAT-1 and THRIL were detected in the serum by using Real-time polymerase chain reaction and 2 DDCT method.

**Results:** Mean age of patients was  $40.1 \pm 9$  years (25–55 years), they were 38 females and 2males and disease duration was  $16.5 \pm 3.9$  years. Their mean SLEDAI was  $5.8 \pm 5.3$ . Expression levels of MALAT-1 and THRIL were found to be significantly upregulated in the serum of SLE patients compared with controls (set as 1). MALAT-1 fold change =  $3.7 \pm 3.8$  (p = 0.009), and THRIL fold change =  $3.6 \pm 3.4$  (p = 0.026). There were significant correlations between MALAT-1 with THRILL (r = 0.44, p = 0.005), proteinuria (r = 0.45, p = 0.006), erythrocyte sedimentation rate (r = 0.43, p = 0.006) and SLEDAI (r = 0.36, p = 0.024). No significant correlations were found between

THRIL and study parameters. Sensitivity and specificity of MALAT-1 and THRIL were determined (sensitivity 67.5% and 65% respectively), (specificity 100% for both, total accuracy 80% and 81.4% respectively), and the combined effect of both increased sensitivity and total accuracy to 70% and 82.9% respectively. THRIL was a significant predictor for SLE disease (p = 0.02).

**Conclusion:** MALAT-1 and THRIL may be potential diagnostic biomarkers for SLE and only MALAT-1 may be valuable in detecting disease activity.