

Mid-term evaluation of the outcome of mini-open microscopic lumbar discectomy

Minimally-invasive Microscopic lumbar discectomy is one of the most widely used techniques as it results in the satisfactory outcome as minimal blood loss, minimal soft tissue surgical trauma thus decreasing postoperative wound infection, short postoperative hospital stay, early recovery, and early regaining activity, however, segment instability and Failed Back Surgery Syndrome may be a sequel that needs further investigations and the possibility of future fusion.

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مكان وتاريخ البحث:

The Egyptian orthopaedic journal
Accepted in 29/5/2021