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Research 2:

Ameliorating effect of melatonin on mercuric chloride-induced neurotoxicity in rats.

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Background: Mercury is a highly toxic metal. It induces its toxicity via production of reactive oxygen species. Brain tissues are more susceptible to oxidative damage. Melatonin and its metabolites are free radical scavengers. **The aim of this work**: is to elucidate the neuroprotective effect of melatonin on mercuric chloride-induced neurotoxicity in rats. **Methods:** Fifty male albino rats were used. They were divided into five groups. Group I acts as normal control. Group II (LD HgCl₂) received mercuric chloride at a dose of 2 mg/kg. Group III (HD HgCl₂) received HgCl₂ at a dose of 4 mg/kg. Rats in group IV (LD HgCl₂+MLT) received HgCl₂ 2 mg/kg +Melatonin 5 mg/kg. Rats in group V (HD HgCl₂+MLT) received HgCl₂ 4 mg/kg+Melatonin5 mg/kg. **Results:** This study revealed that mercuric chloride decreased the activity of superoxide dismutase, catalase and glutathione peroxidase enzymes and increased malondialdehyde levels. Toxicity of mercuric chloride lead to upregulation of the gene expression level vascular endothelial growth factor. HgCl₂ induced fragmentation of rough endoplasmic reticulum, ballooning of Golgi apparatus, nuclear and cytoplasmic degeneration of pyramidal

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neurones of rat cerebral cortex. This neuronal damage caused by HgCl_2 was significantly improved by melatonin.

Key words: Mercuric chloride, melatonin, cerebral cortex, oxidative stress, neurotoxicity.

تاريخ النشر: June 2021

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