Abstract

Time Devoted for Using the Internet and its Impact on the Sons' Family Adjustment

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The current study seeks to achieve the following objectives:

١. Shed the light on the impact of the Internet on the teenagers' family adjustment.

٢. Detect the characteristics of the Internet users of both sexes and its direct and indirect reflection on the family adjustment.

٣. Recognize the extent of the Internet usage intensity by the teenagers through uncovering the duration of time spent by teenagers in using the Internet and its impact on the teenager's family adjustment.

٤. Identify the relationship between the socio-economic level and the family adjustment among the teenagers who use the Internet.

٥. Realize the quality of sites entered by the teenagers and their impact on their family adjustment.

The study sample consisted of ٢٢٠ students (٩٠ male & ١٣٠ female) whose ages ranged between ١٥: ١٨ years old and they were selected in a deliberate manner from among the Internet users and who reside with the parents in August ٢٠٠٦. **The results found that:**

١. The majority of research sample use the Internet at home where the percentage reached ٥٥.١١%, followed by the cafes where the percentage was ٤٢.٨٦%.

٢. The majority of research sample use the Internet by themselves where the percentage amounted ٥٩.٠٥%.

٣. ٤٩.٤٧% of males and ٦٣.٤٨% of females use the Internet for a period of time not exceeding ٣ hours.

٤. ٥٤.٧٤% of males and ٤٠.٨٧% of females use the Internet in the first evening effective from ٥: ١١ PM.

٥. The favorite usages of the Internet for the majority of research sample was respectively (Surfing, chatting, e-mail) by percentages of (٩٤.٧٤%, ٩٢.٦٣%, ٨١.٠٥%) for males but for females (Games, surfing, e-mail) by percentages of (٩٧.٣٩%, ٨٧.٨٣%, ٦٧.٨٣%).

٦. The majority of the research sample is under medium family adjustment where the percentage was ٦٨.٥٧%.

٧. The positive effects resulting from using the Internet as perceived by the sons – the research sample – represented the highest percentages for the phrases (Saving the energy and effort to get information, obtain the scholastic information,

using it in the study, the individual's sense of freedom and privacy, a useful entertainment for spending the leisure time) where the percentage reached respectively (٩٦.٦٧%, ٩٦.٦٧%, ٩٥.٧١%, ٩٥.٢٤%).

٨. The highest percentage of the negative effects resulting from using the Internet as perceived by the sons – the research sample – represented (using it for long hours causes pain in the back, use it for a long time leads to the injury of stress for eyes, gain some Western customs, a fertile environment for the spread of rumors) with percentages of (٩٥.٢٤%, ٨٩.٥٢ %, ٨٩.٠٥%, ٧٤.٢٩%), respectively.

٩. There is a positive correlation and significance at significance level of ٠.٠١ between the family adjustment scale and each of (the parents' educational level, the parents' profession, the family income) and there is no correlation between the family size and the family adjustment measurement.

١٠. There is a positive correlation and significance at significance level of ٠.٠١ between the participation in using the Internet and each of (the parents' educational level, the father's profession) and an inverse correlation with (the family size) and there is no relationship with the family income.

١١. There is a positive correlation and significance at significance level of ٠.٠١ between the duration of using the Internet and each of (the parents' educational level, the parents' profession, the family income) and an inverse correlation with (the family size).

١٢. There is a statistically significant relationship between the socio-economic level and the sons' family adjustment level – the research –who use the Internet in different ways as the value of Chi Square (χ^2) was ١١.١٢ which represents statistically significant value at significance level of ٠.٠٠٤.

١٣. Depreciation of the sons' family adjustment level – the research sample – who use the Internet for ٥ hours or more compared to Internet users for not exceeding ٣ hours where we find that the percentage of decreased family adjustment level is (٨.٥٧%) in the duration of ٥ hours or more while the percentage was (١.٤٣%) for a period of less than ٣ hours while the medium family adjustment percentage was ٥٣.٣٣% for the duration of less than ٣ hours.

١٤. There are statistically significant differences between male and female who use the Internet and the family adjustment scale in favor of females where the average reached ٥٩.٤٨ compared to ٥١.٠٣ for males.

١٥. There are statistically significant differences at significance level of ٠.٠١ concerning uses questionnaire of the internet usages between males and females in favor of males.